

WORKBOOK

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# DEVELOPING BELIEF

## Module 5 - Faith

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Best wishes,

Maryia Oayda

# INTRODUCTION

## DEVELOPING BELIEF

### TO BE USED ONLINE & OFFLINE

The law of life is the law of belief, and belief could be summed up briefly as a thought in your mind. As you think, feel, and believe, so is the condition of your mind, body, and circumstances. It is not the thing believed in that brings an answer to man's prayer; the answer to prayer, autosuggestions, affirmations, is what results when the individual's subconscious mind responds to the mental picture or thought in his mind.

There is no one-size-fits-all solution. For you, what words can be meditation, prayer, scientific prayers, or autosuggestions. It is entirely up to you to believe in. One of the most important things that you need to do is to practice your faith regularly.

In this document you will find a collection of my favourite affirmations that I have used to develop faith. You can practice it any time or you can simply create your own.

Whether it is meditation, or prayer, or affirmations, or visualization. The most important is to understand one critical element, which is you. You are your own source of love, abundance, and happiness. The rest is just a series of small tools that give you a good push on the way to develop your faith.

Best wishes,

Maryia Oayda

# EXERCISE: DEVELOPING BELIEF

## AFFIRMATIONS FOR SELF-BEIEF

I believe in myself!  
I believe, respect and support myself.  
I believe in my ability to create what I need in life.  
I believe in the limitless abundance of my life.

The power (can say anything you believe) is always with me.  
The power and its strong protecting light is always with me.  
It (can say anything you believe) pours out love, energy, and strength on me,  
protecting me on my life journey.

My strength is growing every day!  
The light of my heart attracts love.  
The light of my eyes attracts good luck.  
The light of my soul heals the planet.  
My strength is growing every day!

I consciously do good.  
I consciously do good, because I receive what I give.  
I try to do as much good as possible every day for different people.  
I AM the miracle of life! I believe in my high destiny.  
I am the light of the world and the wonder of life.

I believe in my lucky star!  
My wishes come true Everything I need comes to me in an easy and joyful way.  
The ocean of life fulfills my desire in the best way for me.  
Everything happens on time! I have enough time for all the important things in life.

I like to reflect on my goals and desires.  
I am an example of strength and harmony.  
My inner growth frees me from the shackles of fear and limitations.  
I become a prime example of strength and harmony for others.



# EXERCISE: DEVELOPING BELIEF

## AFFIRMATIONS FOR DEVELOPING FAITH

I am always completely safe.

I live in absolute harmony with the world.

Right now, I'm changing my future for the better.

I affirm for myself a new, positive reality.

Every minute, every day, I create a new wonderful reality for myself!

There are so many interesting and wonderful things in life!

I joyfully open up to all the amazing and wonderful possibilities of this world.

I am my best friend and most reliable partner.

I love, trust and value myself!

I allow myself to win. I have the right to power!

I am a powerful Creator of my own peace and success! I easily and joyfully change my life for the better!

In my world, everything flourishes - now and forever!

The golden light of divine love bathes and heals my whole body.

All my desires are fulfilled in the best way for me.

I find more and more joy in every day of my life.

I AM the spirit of Highest prosperity and Divine love.

I get great joy from pleasant communication!

I believe that all the light forces of life (can say anything you believe) are now with me and help me.

I am now opening up happiness and prosperity to myself and my loved ones.

I myself create my own beautiful and abundant world.

I joyfully open up to all the amazing and wonderful possibilities of this world!

Thank you, (can say anything you believe), for all the good that I have!

Things are good! I trust life. The infinite intelligence has grand plans for me!

This world is mine! My strength is the energy of the universe, my victory is divine love!

I let go of fears and doubts. I am always protected!

I give all my worries and worries of the day to the Lord. I'm calm.

Everything is always good with me! My life is harmonious, perfect for me and constantly improving!